

# Lessons With Ola #1

## Alternate Picking

Music by Jon Bjork

Standard tuning

♩ = 180

Play this starting from every note of the scale, also try reversing the picking by starting with an upstroke.

E-Gt

1

5 7 8 7 5 8 6 5 6 8 10 8 6 9 7 5

2

7 9 10 9 7 10 9 7 9 10 12 10 9 12 10 8

3

10 12 14 12 10 13 12 10 8 10 12 8 10 12 10 8

4

7 8 10 7 9 10 9 7 5 7 9 5 7 9 7 5

5

4 5 7 5 6 8 6 5 3 5 6 3 5 7 5 3

T  
A  
B

T  
A  
B

T  
A  
B

T  
A  
B

T  
A  
B